

Kuspuk Pattern for 18" Doll

Guided Instructions

Jodie's Sewing Studio

[www.sewingshould](http://www.sewingshouldbefun.com)befun.com

You will need:



Kuspuk Pattern for 18" Doll

Jodie's Sewing Studio:

Jodie is a master seamstress with training and experience in flat pattern design. She taught sewing to middle school and high school students in Southeast Alaska's public schools over a span of 22 years and uses the knowledge gained from the classroom to shape how she drafts, labels and writes accompanying instructions. Her patterns are user friendly and suited for someone new to sewing. She continues to teach small groups in private settings in Alaskan communities. She balances private lessons, sewing, and pattern design with family, cooking, music, boating, fishing, gardening, and hiking.



You will need:

3 Fat Quarters of 100% cotton woven fabric **OR 3/4 yard** of fabric.

2 yards of Rick Rack or similar pliable trim

12" of 1/4" wide elastic

Thread to match fabric

Thread to match trim

Recommended sewing tools needed:

- Scissors appropriate for paper, fabric and clipping curves
- Appliqué (very short) pins (much easier to use in doll clothes fabrication)
- Sewing machine (or accomplished hand sewing skills)

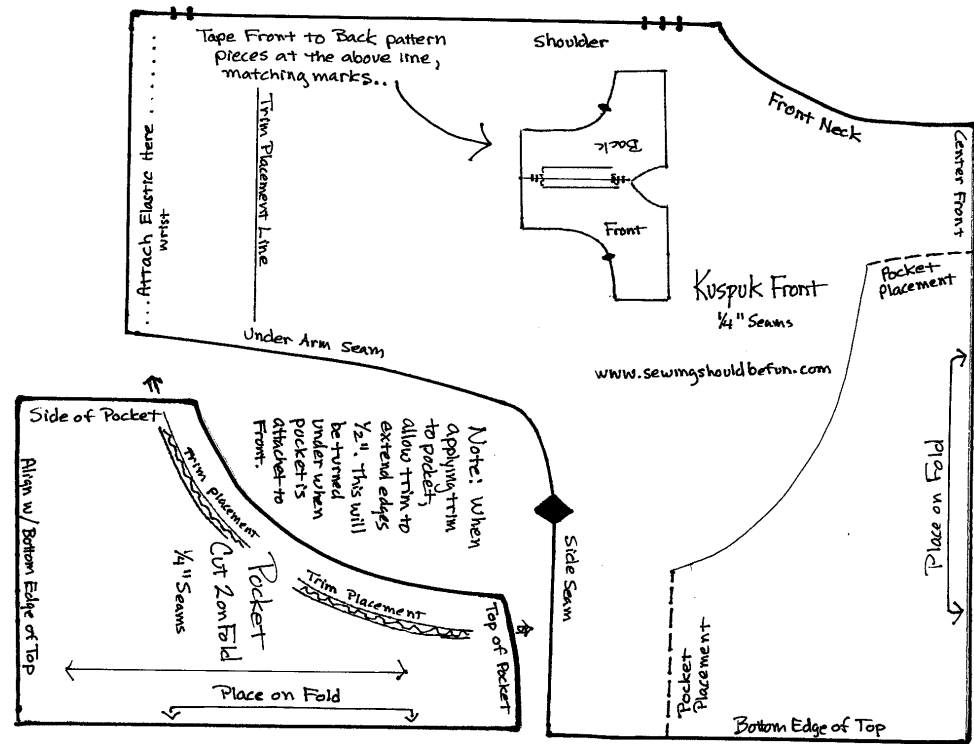
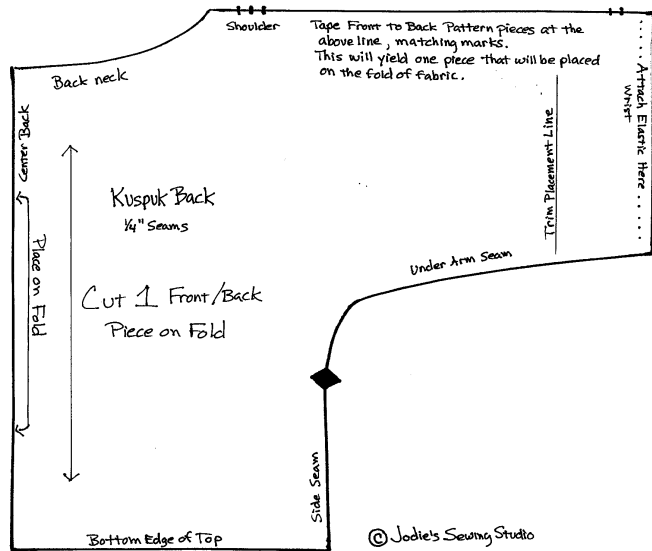
The **Kuspuk** (or Qaspeg), also known as the Eskimo Summer Parka, was traditionally constructed of Calico fabrics and adorned with readily available trims such as Rick Rack and bias tapes. The garment has been used as a protective outer garment over winter parkas and as a light top or dress in the summer months. Kuspuk designs are as unique as the people groups scattered across the great state of Alaska. Jodie's favorite design is the simple pullover: Alaska's original Hoodie! She's been making Kuspuks for over 30 years and, she is now sharing her love of the garment through easy-to-use sewing patterns.

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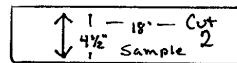


1. Preview all pattern pieces.

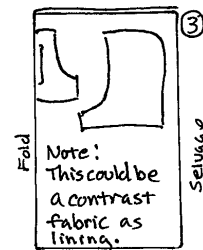
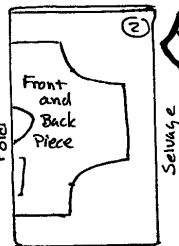
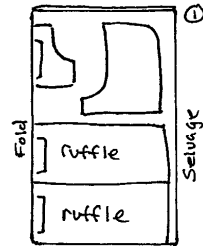


Hood and Layout Instructions

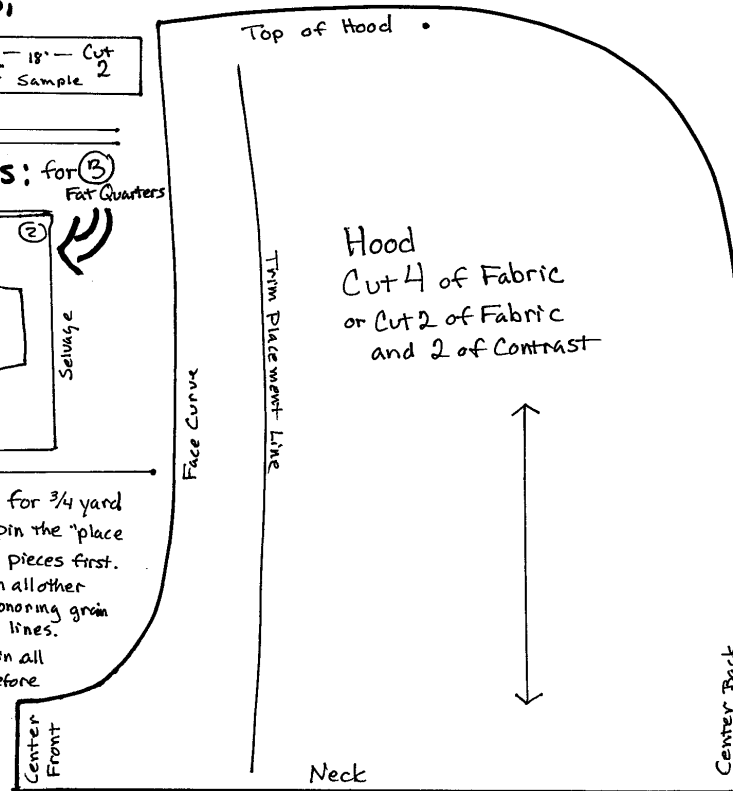
Ruffle: Cut 2 pieces,
4½" by 18"



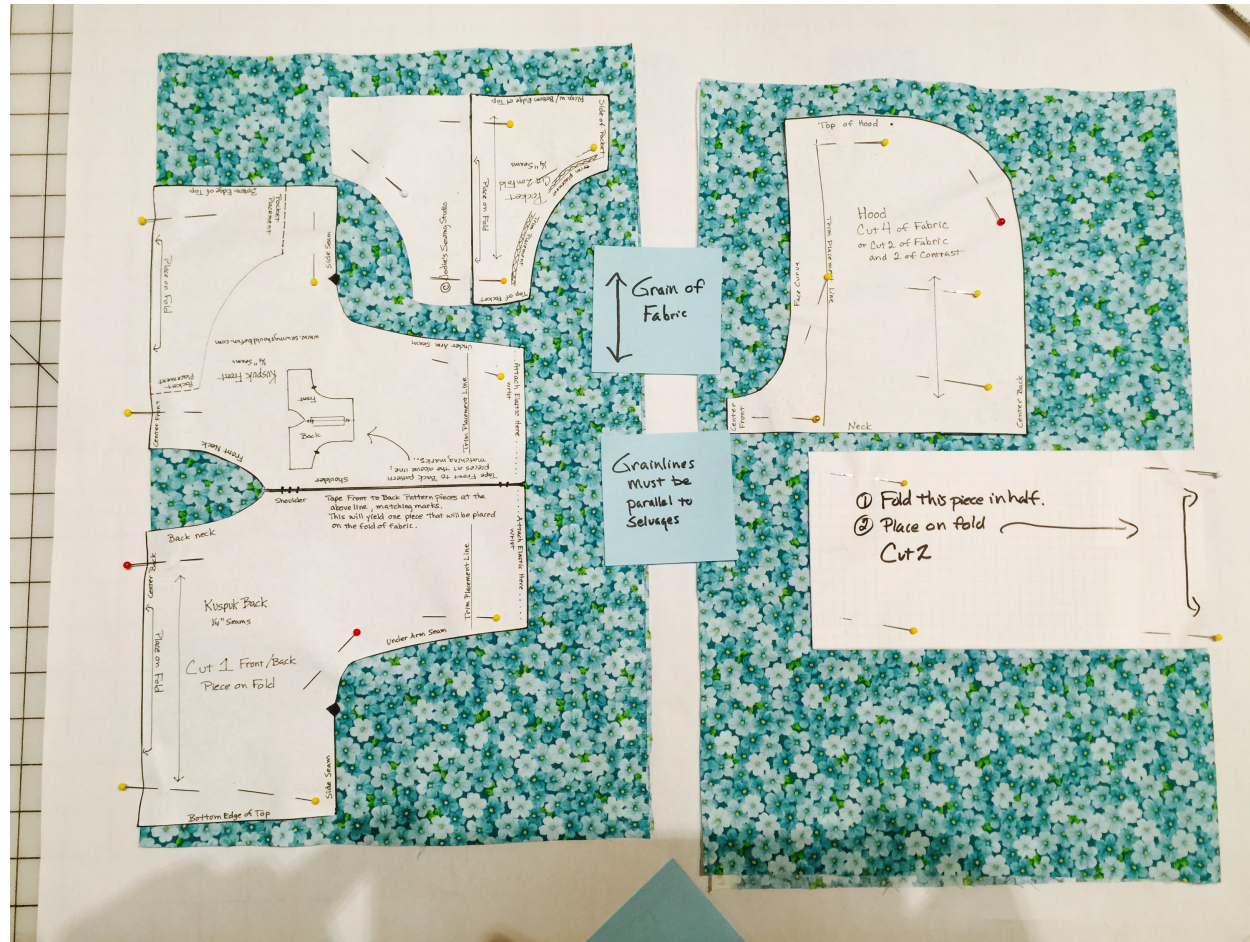
Layout Instructions: for ③ Fat Quarters



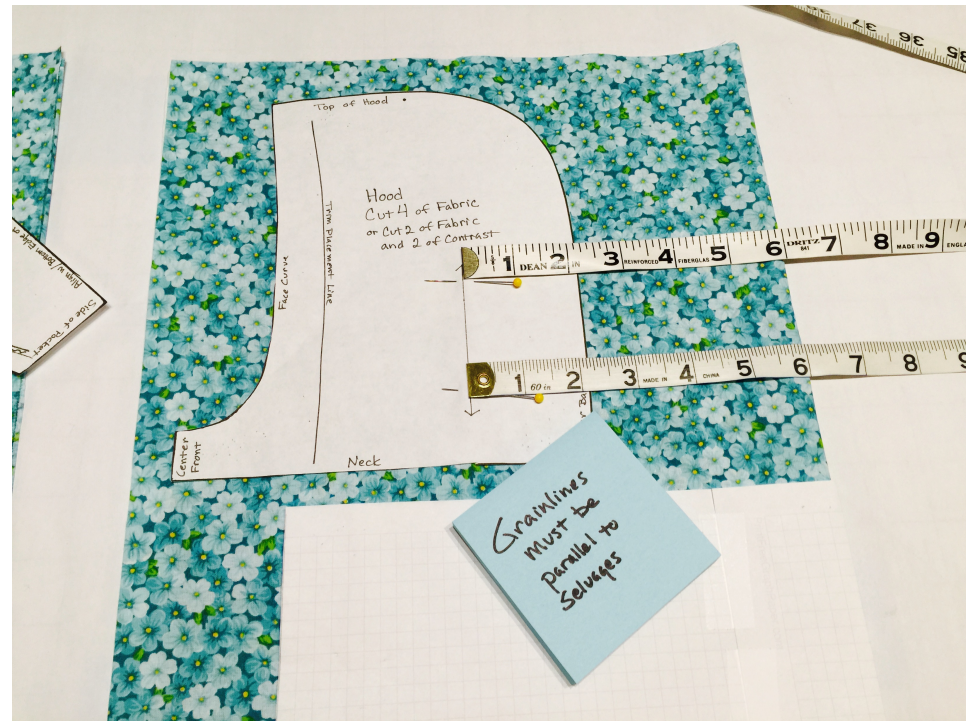
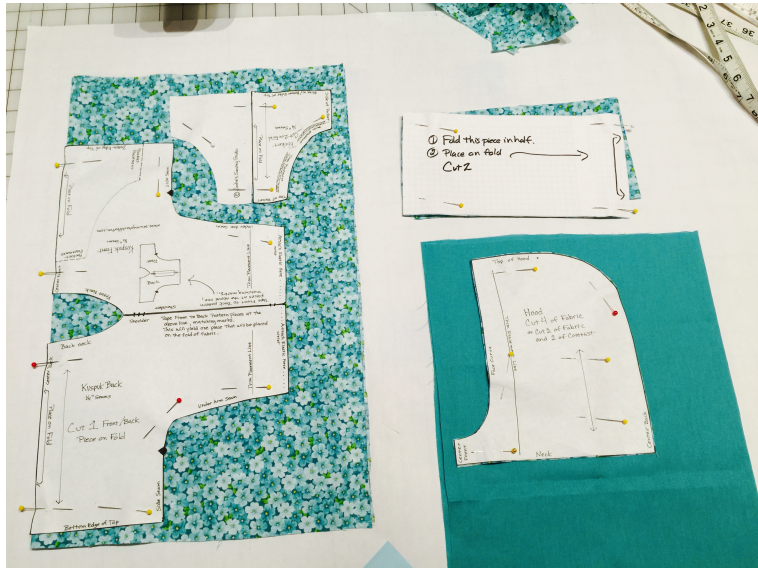
Note: for ¾ yard option, pin the "place on fold" pieces first. Then, pin all other pieces honoring grain of fabric lines. Always pin all pieces before cutting.



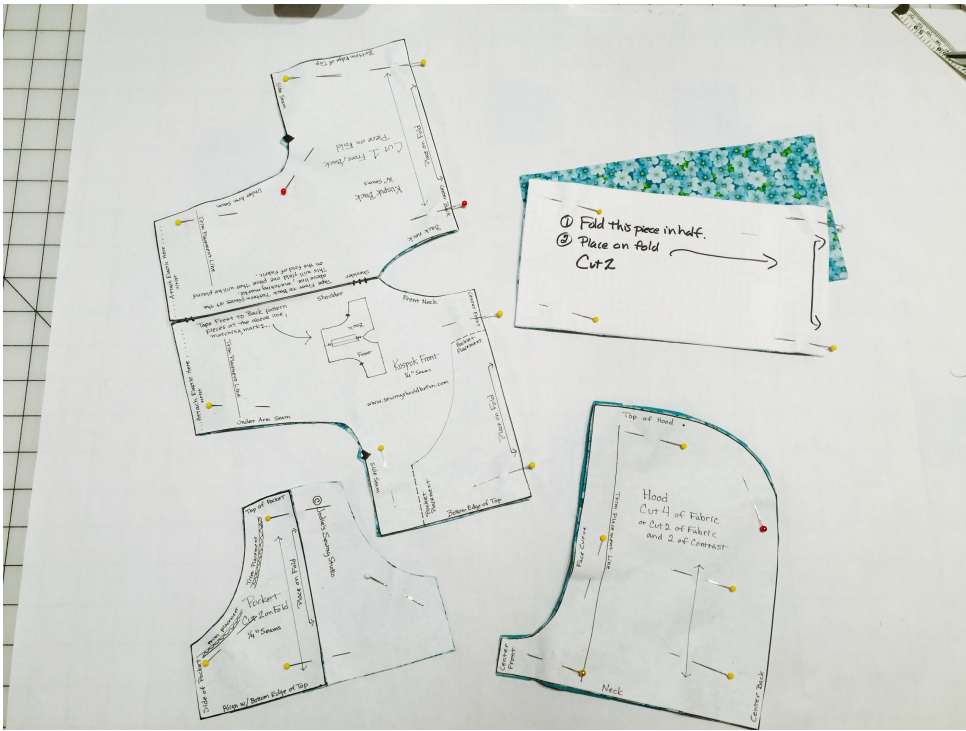
Layout: note, leave room to cut second ruffle.



Layout Continued: Make sure grain lines are parallel to selvages.



Doll Kuspuk Cut:



Preparing Sleeve for Trim (step 2)

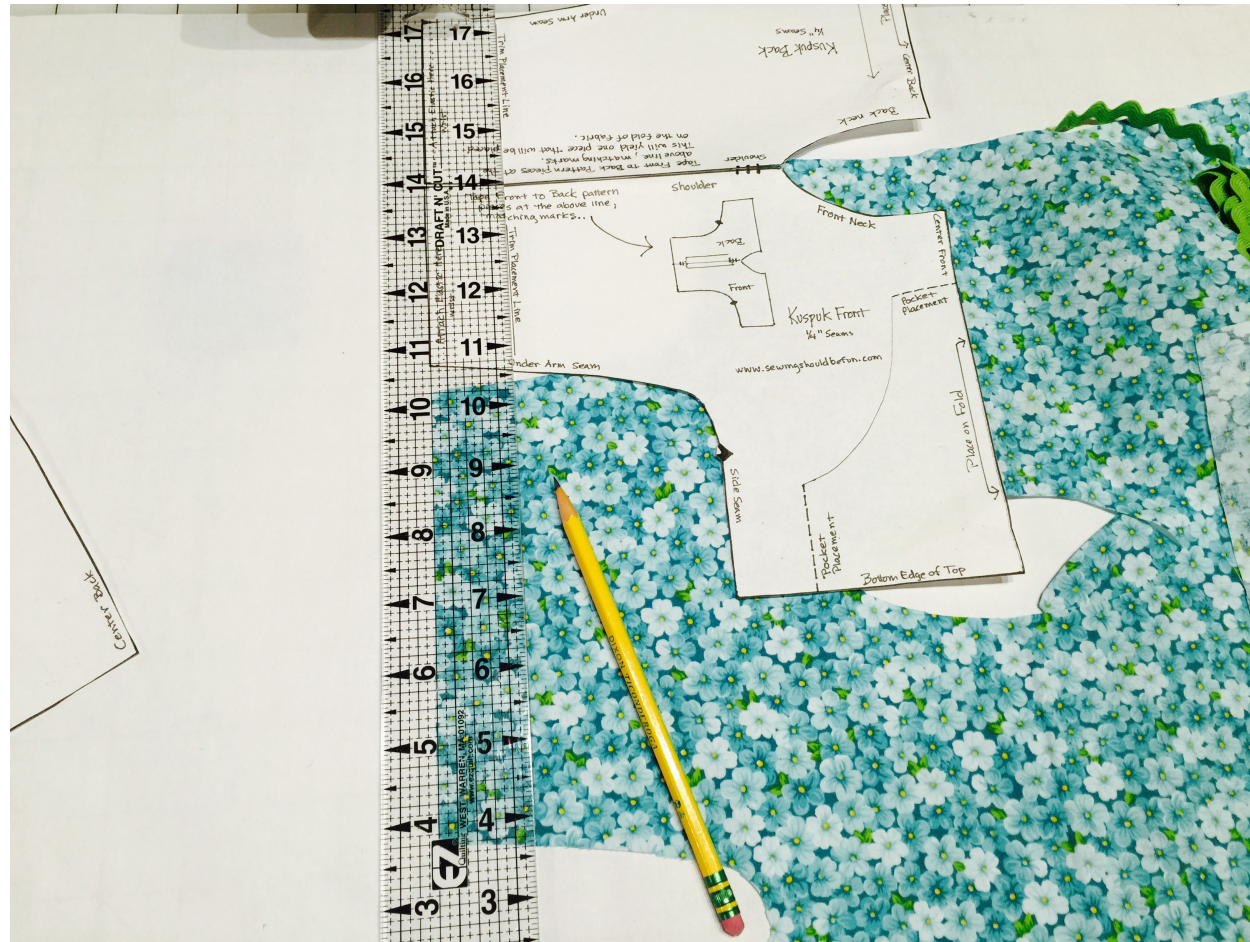
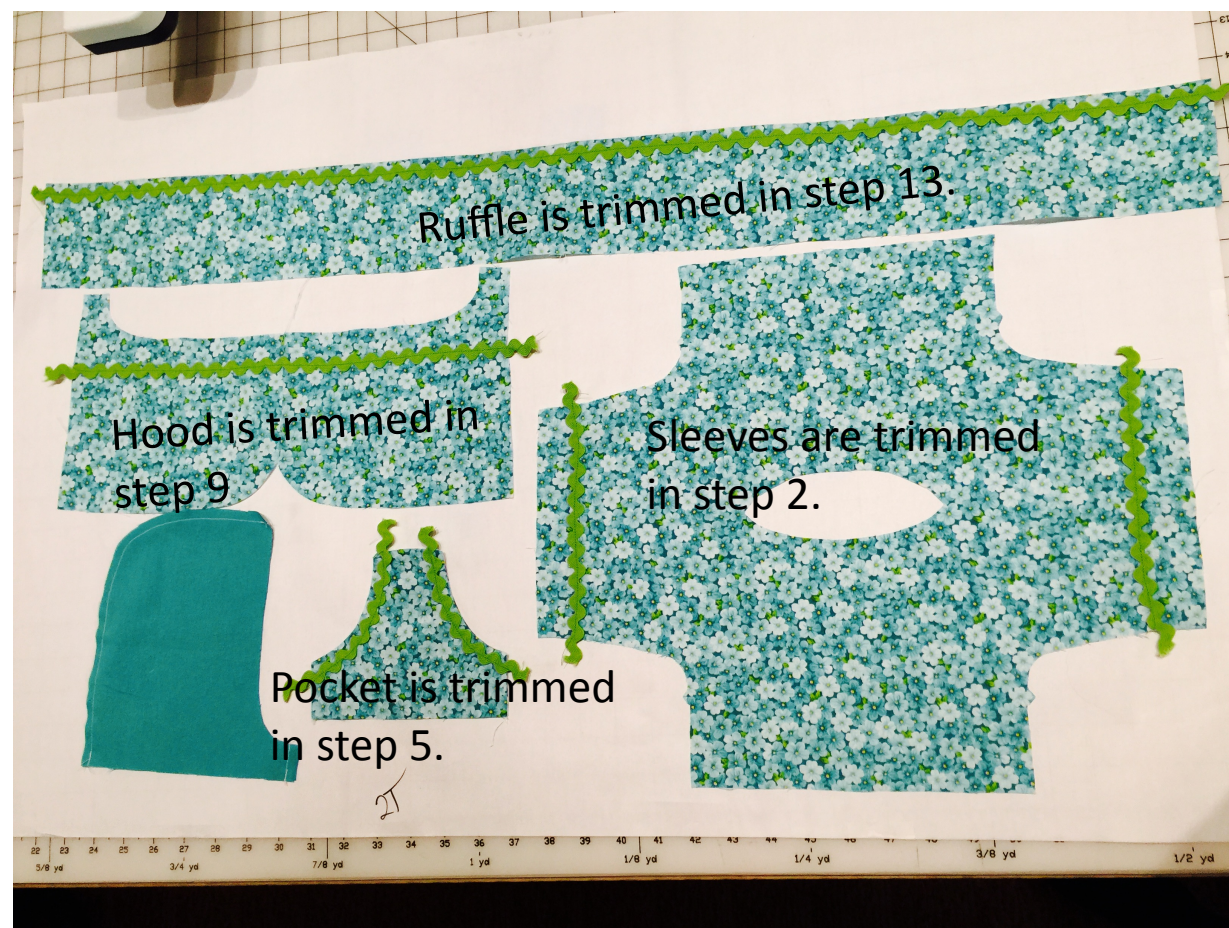


Photo of all pieces trimmed.

This photo allows you to preview all of the pieces trimmed. You will be preparing all of your pieces with trim before sewing the garment together.



Preparing Elastic for Sleeves (step 3)

You will need two 6" pieces of elastic.
Mark 1" from each end of elastic.
This step will make the process of
sewing in the elastic much easier.



Press the bottom of each sleeve under $\frac{1}{4}$ ". Align the elastic markings to each side of sleeve as pictured. (step 4)



Elastic is inserted into the $\frac{1}{4}$ " fold.
Stretch the elastic into the casing while
stitching in place.

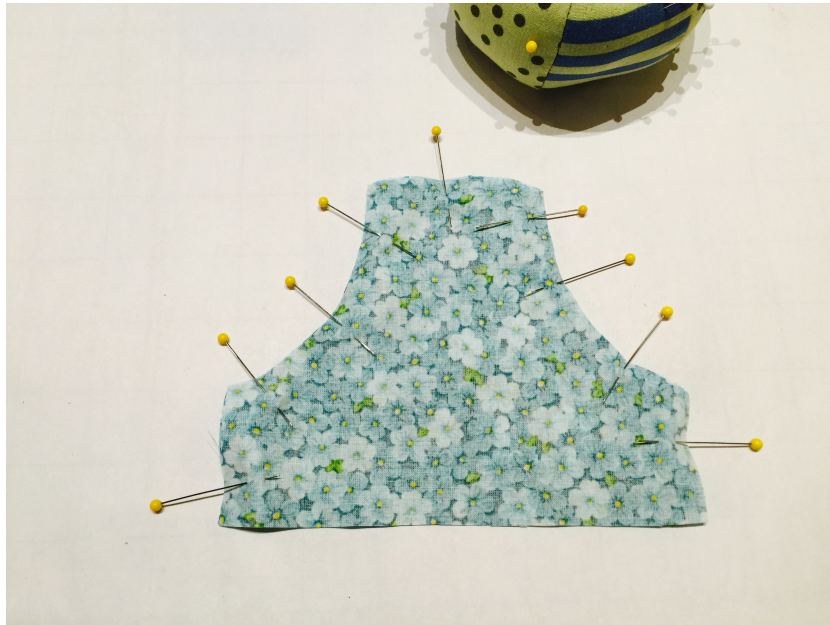
Note: One marked line of the elastic will align with one under arm seam while the other marked line will align with the other. You will be stretching the elastic to accomplish this. A zig zag stitch works best here.



Close-up of elastic sewn in.



Preparing Pockets: Steps 5 & 6



Pin pocket pieces together *right sides together*. You will not sew the bottom edge.

Sew the pocket together: Start from the bottom edge, pivoting at corners. Clip the curves or *pink* the curves with *pinking shears*.

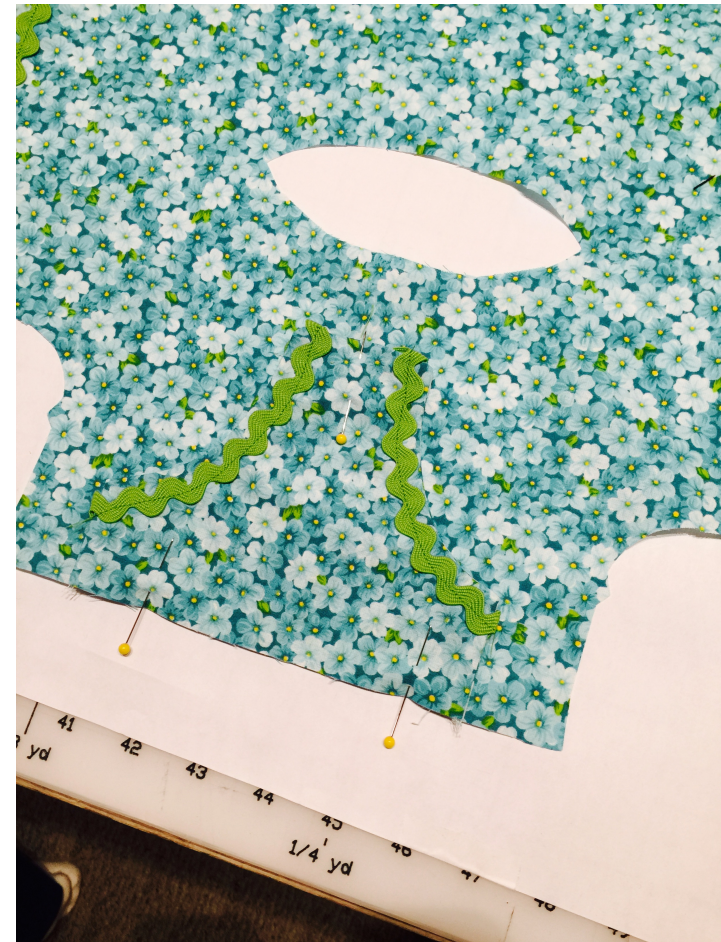


Attaching Pocket to Front (step 6)

Pin finished Pocket to Front of Kuspuk, matching bottom edge of pocket to bottom edge of front.

Fold the extra trim to the under side of the pocket.

Top stitch the sides of the pocket and the top of the pocket. You will be stitching very close to these edges, about $\frac{1}{8}$ of an inch.



Sewing Side Seams (step 7)

Fold Kuspuk together, *right sides together* as photographed to the right. Pin then stitch in place. Seams must be $\frac{1}{4}$ ".

Sew the side seams and underarm seams. I suggest starting at the wrist. Backstitch at beginning and end of seam.

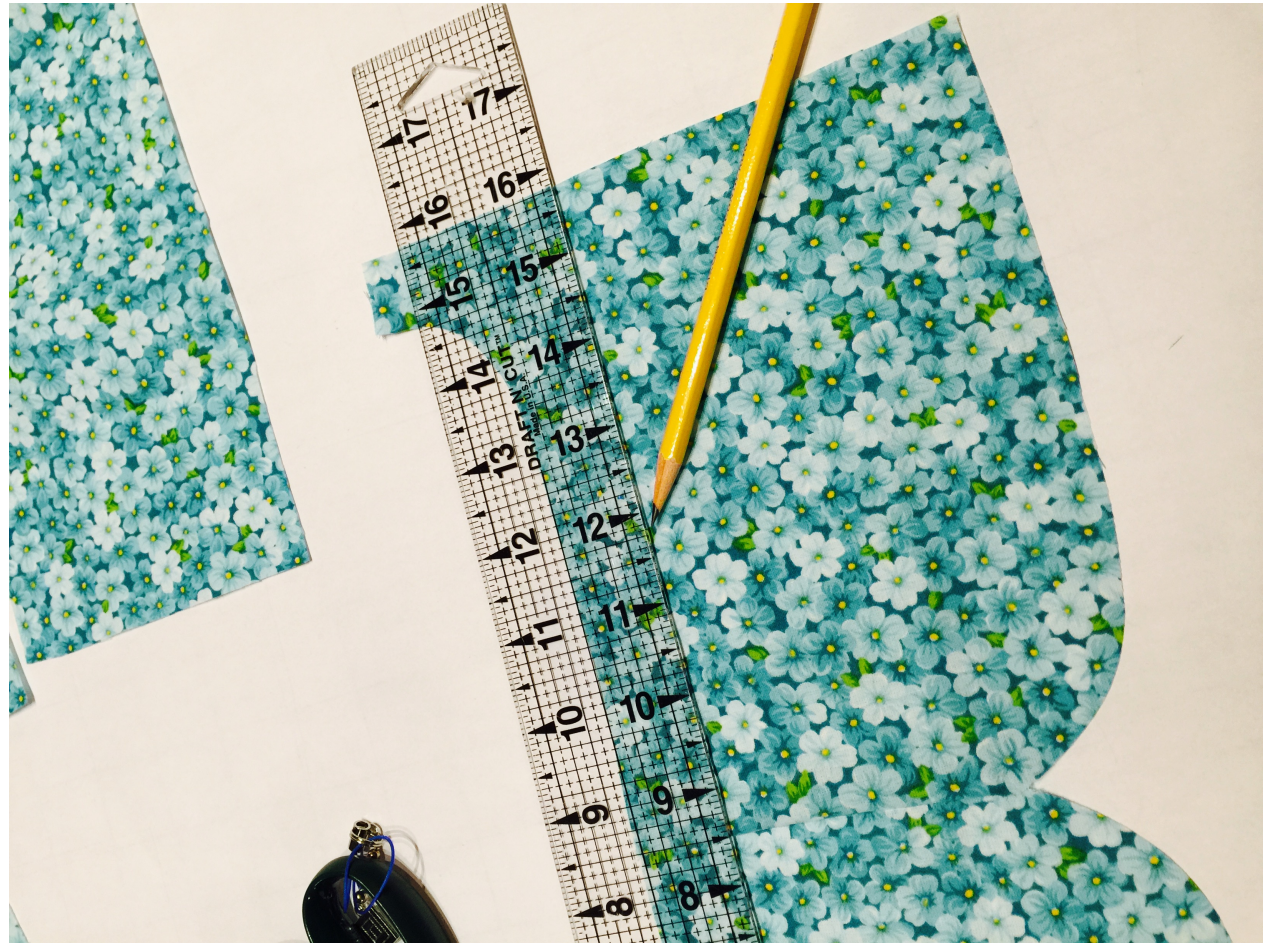
Tip: Start $\frac{1}{2}$ " from wrist and stitch backwards first, then forwards.



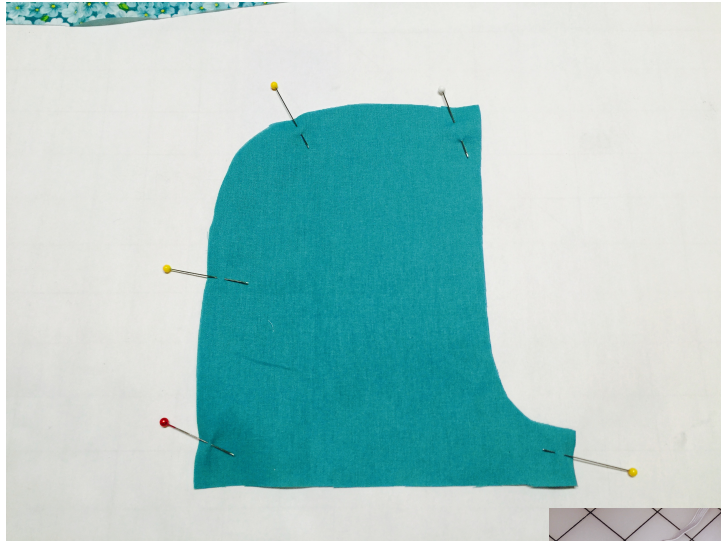
Preparing Hood for Trim (steps 8 & 9)

You will pin hood together, right sides together, then sew to the dot as indicated on pattern piece. Press open and lay fabric *right side up* on work surface.

Mark your *trim placement line* 1" from the face curve.



Hood: Steps 9 and 10



Photos below: Hood is turned right side out and then inserted into hood lining. You will pin the curved face edge. Sew a $\frac{1}{4}$ " seam. Clip or *pink* the curved edge. Turn *right sides out* as pictured in the lower right photo.

The photo above:
Pin the hood lining together *right sides together*. Stitch. You will do the same for the hood pieces.



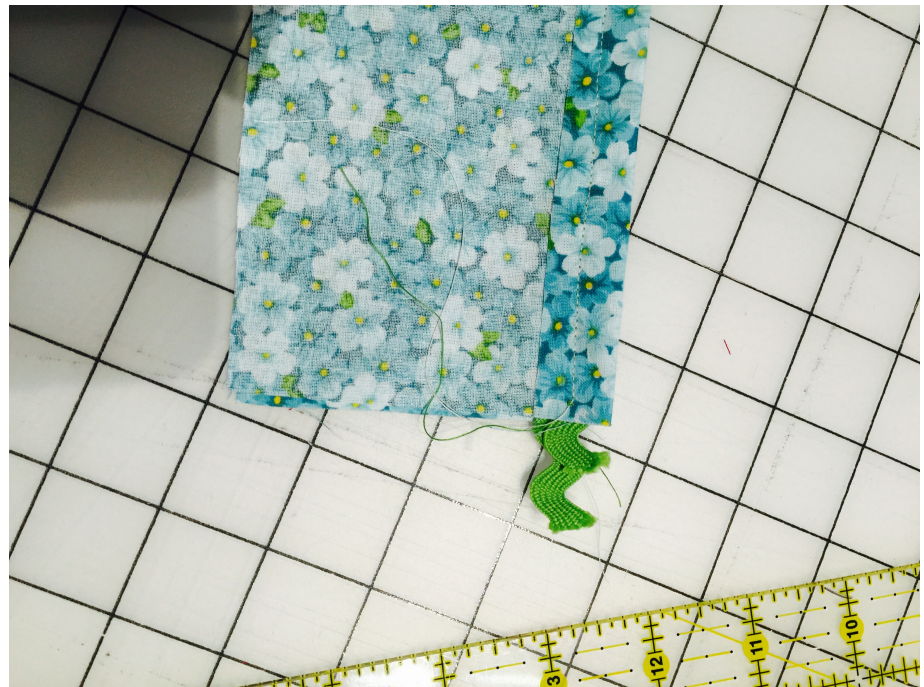
Attaching Hood to Kuspuk (step 12)

Insert hood through neck of Kuspuk. Right sides will be together. Pin the hood neck to the neck of the garment. MAKE SURE the front of the hood is pinned to the front of the Kuspuk. Sew a $\frac{1}{4}$ " seam.



Ruffle Hem and Trim (Step 13)

Sew ruffle pieces together along 1 side. Fold under $\frac{1}{2}$ " along bottom edge. Stitch hem in place then stitch trim over existing stitching. These photos depict the wrong side of the ruffle.



Bottom Ruffle

Pin and sew the other side of the ruffle matching trim. Turn *right side out*.

Prepare to gather ruffle: Set your straight stitch length to the longest stitch length. Sew $\frac{1}{4}$ " from top edge, WITHOUT back stitching, around the the ruffle (you will be stitching through one layer of fabric in a circle....) Leave about 4" of thread at the beginning and the end.

Repeat a second row of stitches $\frac{1}{8}$ " from top edge so you have two parallel rows of gathering threads.



Pull the 4 threads that appear on the right side of the fabric. Look closely at the photo above to understand this.

Attaching Bottom Ruffle

Continue to pull the gathering threads, distributing the gathers evenly. The width of the gathered ruffle will equal the width of the garment top as pictured in the left photo.

Turn the Kuspuk *right sides out*. Pin ruffle to Kuspuk as pictured in the bottom right photo. Stitch. You are finished!



The Kuspuk is Finished!

